

February 2019

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- Welcome to 2019. We are looking forward to a great year of fun activities.

## WEBSITE U3A WHEELERS HILL

Your website has been updated so do take a few minutes to explore, so you can locate the information you need. The address is still the same: [www.u3awheelershill.com](http://www.u3awheelershill.com)

### We need your help

- Friday 9.30 am to 12.30 pm
- Welcome and look after our participants.
- Make sure they find their way to class.
- Unlock rooms. Record questions.

Contact us: 0432 339 119 or email: [u3awheelershill@gmail.com](mailto:u3awheelershill@gmail.com)

**Wanted:** High Priority

Minutes Secretary When: 1st Wednesday afternoon, monthly. **CONTACT:** [u3awheelershill@gmail.com](mailto:u3awheelershill@gmail.com)

**Reminder:** Dr Val Cole

1 Jacksons Road, Prevention Heart Disease, Diabetes and Cancer. Bring a friend **BOOK NOW**

## START OF YEAR SOCIAL GET TOGETHER 2019

Have you ever thought of getting to know other members of U3A Wheelers Hill?

Would you like to find out what goes on in other classes?

Then come along to our upcoming social event.

Bring a plate to share for lunch at Jells Park on Monday 25<sup>th</sup> March 2019 at 12:00 in the picnic shelter next to the exit road going towards Jells Road, on the other side from the playground.

Put this date in your diary now!

My tour of Sri Lanka

by Laila

This year we visited Sri Lanka. My husband and I visited there for some business as well as to look around the country. We landed at the Colombo International Airport which they call Bandaranaike International airport. It is named after former Prime Minister SWRD Bandaranaike. The airport is located in a suburb called Negombo, 20 miles north of the commercial capital Colombo. It is not a very big airport, but it is a clean airport. People are very friendly. The customs was easy and quick. It was the month of January and the weather was very pleasant. The hotel taxi took more than an hour to reach our hotel. The hotel was located in front of the beach. It was almost evening, so we had our dinner and walked along the beach. Next day we had our breakfast and had a long ride to Kandy. On the way to Kandy we stopped for an elephant ride and visited spice garden. Next day we visited Galle. This is a very nice place and there was a sunami in 2004. Many people died at that time. There are many places to visit in Sri Lanka, like Nuwaraliya tea

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garden, there is also gem mine and you can buy expensive gems at Ratnapura. The people are very friendly and it is a very clean and green country. We really enjoyed the food with coconut milk and fresh pepper. Everything we did is captured in my beautiful memory and I wish go back again.

*Remember to send us articles about your experiences at U3A Wheelers Hill.*

**Why U3A – because your brain doesn't want to retire!**